

LGBTQ+ help and support

Our school is dedicated to LGBTQ+ support and inclusivity and to show this we have begun to work towards the LGBTQ+ bronze charter award. The following PDF is filled with useful links to help those who need them in their time of need or change.

Useful organisations:

LGBT Youth Scotland

- Is the key LGBT organization across Scotland.
- The Glasgow branch is at 3/2 30 Bell Street G1 1LG
- Contact 01415227425
- info@lgbtyouth.org.uk

Stonewall Scotland

- Stonewall Scotland campaigns throughout Scotland for the rights of lesbian, gay, bisexual and trans people across Britain.
- The main office is in Edinburgh Mansfield Traquair Centre, 15 Mansfield Pl, Edinburgh EH3 6BB and are open from Monday to Friday 9:30-16:30.
- Contact No: 0131 474 8019
- Website: <https://www.stonewallscotland.org.uk/our-work/stonewall-research/health-wellbeing/transitioning-young-person>

TransparentsT

- TransparenTsees is a group for parents of trans people.
- 1st Thursday of the month, 6-8pm
- 2nd Floor at Sandyford, 2-6 Sandyford Place, Glasgow G3 7NB
- The aim of the group, which has been set up by parents, is to provide a confidential, safe place for parents, carers and other family members of trans people to meet, discuss issues and ask questions to one another. You may just have found out that your child, whether young or grown-up, is trans, or you may still be grappling with the issues after many years of knowing – the group is for all parents, carers or other family members of trans people.
- Please contact: TransparenTsees@gmail.com for more details.

Mermaids UK

- Mermaids UK is a youth forum for gender diverse and/or transgender young people between 12 and 19 years old, has grown from a starting point of 3 members to over 300. The forum is a safe space for you to ask questions, talk about how you are doing, and share experiences with others in the same or

similar circumstances to you.

- <https://www.mermaidsuk.org.uk/resources-for-young-people.html>

Mind UK

- Mind believes that everyone should look out for one another's mental health, especially when they know that some of us suffer higher levels of discrimination and isolation. They also believe it is everyone's right to have good mental health and every mental health service provider should make sure their services are accessible and inclusive to all.
- <https://www.mind.org.uk/about-us/our-policy-work/equality-and-human-rights/mental-health-and-being-lgbtqplus/>

The Proud Trust

- The Proud Trust delivers training opportunities for teachers and other youth professionals, and creates LGBT+ positive resources for schools, colleges, and other youth settings, to equip them in being fully LGBT+ inclusive in their practice, policy, and curriculum.
- <https://www.theproudtrust.org/training-and-education/#>

FFLAG

- Families and Friends of Lesbians and Gays (FFLAG) is a national voluntary organization supporting the parents and families of LGB people.
- 0845 652 0311
- www.fflag.org.uk

Broken Rainbow

- Broken Rainbow offers support to LGBT victims and survivors of domestic violence and abuse.
- 0845 260 4460
- www.broken-rainbow.org.uk

The Gender Trust

- The Gender Trust is the UK's largest charity for people with gender identity issues.
- 0845 231 0505
- www.gendertrust.org



LGBT CHARTER

THE LGBT
CHARTER HELPS
SAFEGUARD LESBIAN,
GAY, BISEXUAL AND
TRANSGENDER
PEOPLE'S HUMAN
RIGHTS

LGBT PEOPLE HAVE A RIGHT TO:

BE THEMSELVES **BE KEPT FROM HARM**

BE HEARD **BE HEALTHY**

FORM RELATIONSHIPS **PRIVACY**

EDUCATION **BE CARED FOR**

lgbtyouth.org.uk/rights

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**LGBT
YOUTH
SCOTLAND**